It’s Flu Shot Season
It’s flu season, which means it’s also flu shot season. **Stop the flu before it starts!**
Get your flu shot **at no cost.**

**DID YOU KNOW?**
*From October 1, 2019 to April 4, 2020, the CDC estimates that there were:*

<table>
<thead>
<tr>
<th>Cases of Flu</th>
<th>Medical Visits Due to Flu</th>
<th>Flu Hospitalizations</th>
<th>Flu Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>39 million to 56 million</td>
<td>18 million to 26 million</td>
<td>410,000 to 740,000</td>
<td>24,000 to 62,000</td>
</tr>
</tbody>
</table>

**WHAT ELSE CAN YOU DO?**

- **Wash your hands**
- **Cover your cough**
- **Avoid touching your face**
- **Stay home if you’re sick**

Contact your PCP or participating Pharmacy today for a flu shot covered by Doctors HeathCare Plans.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (786) 460-3427 o (833) 342-7463 (TTY:711).